

WORRIED ABOUT WHAT

Trusting The One **Who** Holds
Your Tomorrow

Week #5:
What Might **Happen**



CONTENTS

How To Lead Your YCI Club



Play

Play a game together.



Pray

Spend time praising and thanking God in prayer.



Grow

Learn from Scripture about who God says He is and how we should respond to Him.



Go

Look for opportunities to share the Gospel, and serve others in your community with your YCI club members.



TIPS FOR USING THIS CURRICULUM

**THREE RECOMMENDATIONS AS YOU LEAD YOUR FRIENDS
IN PLAYING, PRAYING, GROWING & GOING**

1) FAMILIARIZE

Prior to your weekly YCI club gatherings, spend time reading the curriculum to make sure you understand the game and devotional. Leading is easier when you are well-prepared!

2) ORGANIZE

The "Grow" portion of the YCI Club Curriculum gives you the "pieces" for a devotional, but it is up to you to put the pieces together. You may want to give "Book, Hook, Look & Took" a try:

- 1) Book:** Read the Bible verses.
- 2) Hook:** Share a brief personal story or idea that relates to the Scripture.
- 3) Look:** Share the context of the Scripture.
- 4) Took:** Share the takeaways from the "Learn & Apply" section.

3) CUSTOMIZE

Since every YCI club is different, it is important that you modify this content to fit your context. If you need help with this, we encourage you to reach out to your club's Campus Mentor!



CATCH THE CRIMINAL!

First, one person should be chosen as the “Detective”, and they should proceed to exit the room. Once they leave, the rest of the YCI club should identify one “Criminal”. Once the Criminal is identified, they should work with the rest of the YCI club to determine a secret “sign” (hand gesture, wink, etc.). The Criminal, along with everyone else, should form a large circle before allowing the Detective back in the room. With the Detective standing in the middle of the circle, the Criminal should make eye contact with random attendees and do the “secret sign”. When this happens, the person who is not the Criminal should fall to the ground. If the Detective can correctly guess who the Criminal is before everyone falls to the ground, they win the game. This process can continue for as long as time allows!





ASK GOD FOR HIS WILL TO BE DONE IN THESE AREAS:

CLUB TIME

Pray that God will speak to everyone in the room through His Word.

GROUP NEEDS

Take time to discuss and pray over the personal needs and requests of those in attendance.

SCHOOL COMMUNITY

Ask God to move in situations that are unique to your school and community.



WHERE WE'RE GOING

A CLOSER LOOK AT MATTHEW 6

The Gospels of Matthew, Mark, Luke and John provide an overview of the life and ministry of Jesus. All four of these New Testament books are inspired by God, and their relevance spans generationally and geographically (2 Tim. 3:16).

Most historians agree that the author of Matthew's Gospel is the same Matthew who turned away from a sinful life of collecting taxes for the Romans in order to follow Jesus. As a result of his strong Jewish heritage, much of the contents of Matthew's Gospel is designed to reveal how Jesus is the ultimate fulfillment of God's promise to the Israelites in the Old Testament.

Jesus' words in Matthew 6 represent the center portion of what is now known as the "Sermon on the Mount", one of the richest teachings we have on the significance of surrendering to God.

In "***Worried About What***", we're going to take a closer look at five "whats" mentioned in Matthew 6 that contribute to our worry:

Week #1: What They Think

Week #2: What They Did

Week #3: What You Have

Week #4: What You Consume

Week #5: What Might Happen

Through this study, our prayer is that the Holy Spirit will help us shift our focus from *what* we are worrying about to the *Who* that has already gone before us!



THEME PASSAGE

MATTHEW 6:31-34 (ESV)

31 Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' **32** For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. **33** But ***seek first the kingdom of God*** and his righteousness, and all these things will be added to you. **34** "Therefore ***do not be anxious about tomorrow***, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.



WEEK #5

MATTHEW 6:25-30 (ESV)

25 “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? **26** Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? **27** And which of you by being anxious can add a single hour to his span of life? **28** And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, **29** yet I tell you, even Solomon in all his glory was not arrayed like one of these. **30** But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?”



THREE TRUTHS ABOUT TOMORROW

It Isn't Promised

As followers of Jesus, it's important to focus our energy and attention on *today*. While God promises eternal life to those who place their faith in Him, our physical death can take place at any moment. For lost people, this can produce worry because they don't know what will happen to them when they die. However, Christians can be set free from the fear of death and focus on today because we know that to be absent from the body is to be present with the Lord (2 Cor. 5:8)!

God Always Provides

In describing the way He provides, Jesus points to the "birds of the air" and the "lilies of the field" (Matt. 6:26-28). Without having to strive or strain, God gives animals and vegetation everything necessary for life. In the same way, He will provide for our every need!

He Has A Plan

While God has given us freedom, it's important to remember that He is in control. No matter what happens today or tomorrow, He will work it all together according to His perfect plan (Rom. 8:28).



LET'S TALK ABOUT THIS

Small Group Questions (If Time Allows)

Question #1

What is one thing that “jumped out” to you while reading Matthew 6:31–34 and 6:25–30?

Question #2

Which of the three truths about tomorrow (It Isn't Promised, God Always Provides and He Has A Plan) resonated the most with you?

Question #3

If you feel comfortable sharing with the group, is there something in the future that you're worried about? How can the group pray for you?



BEFORE YOU GO

BIG IDEA

When we're worried about what might happen in the future, it helps to remember that tomorrow isn't promised, God always provides and He has a plan!



SHARING TRUTH

Who is someone in your life that needs to hear about what we discussed today? Pray for them, and find time this week to encourage them.

MEETING NEEDS

What is something your YCI club can do to show God's love this semester?



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