

# WORRIED ABOUT WHAT

Trusting The One **Who** Holds  
Your Tomorrow

**Week #3:**  
What You **Have**



# CONTENTS

## How To Lead Your YCI Club



### Play

Play a game together.



### Pray

Spend time praising and thanking God in prayer.



### Grow

Learn from Scripture about who God says He is and how we should respond to Him.



### Go

Look for opportunities to share the Gospel, and serve others in your community with your YCI club members.



# TIPS FOR USING THIS CURRICULUM

**THREE RECOMMENDATIONS AS YOU LEAD YOUR FRIENDS  
IN PLAYING, PRAYING, GROWING & GOING**

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## 1) FAMILIARIZE

Prior to your weekly YCI club gatherings, spend time reading the curriculum to make sure you understand the game and devotional. Leading is easier when you are well-prepared!

## 2) ORGANIZE

The "Grow" portion of the YCI Club Curriculum gives you the "pieces" for a devotional, but it is up to you to put the pieces together. You may want to give "Book, Hook, Look & Took" a try:

- 1) **Book:** Read the Bible verses.
- 2) **Hook:** Share a brief personal story or idea that relates to the Scripture.
- 3) **Look:** Share the context of the Scripture.
- 4) **Took:** Share the takeaways from the "Learn & Apply" section.

## 3) CUSTOMIZE

Since every YCI club is different, it is important that you modify this content to fit your context. If you need help with this, we encourage you to reach out to your club's Campus Mentor!



# NIGHT AT THE MUSEUM

First, one person should be chosen as the “Watchman”, and the rest of the YCI club should spread throughout the room. Next, the Watchman should close their eyes and count to ten. While they are counting, everyone else should strike a “statue pose” of their choosing. Once the Watchman opens their eyes, they have three minutes to walk around the room and catch “moving statues”. During the three minute period, everyone should change their pose *at least* ten times. This constant movement helps to ensure that the game moves at a good pace. If more than half of the statues are caught, the Watchman is the winner! This process can continue for as long as time allows.





# ASK GOD FOR HIS WILL TO BE DONE IN THESE AREAS:

## CLUB TIME

Pray that God will speak to everyone in the room through His Word.

## GROUP NEEDS

Take time to discuss and pray over the personal needs and requests of those in attendance.

## SCHOOL COMMUNITY

Ask God to move in situations that are unique to your school and community.



# WHERE WE'RE GOING

## A CLOSER LOOK AT MATTHEW 6

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The Gospels of Matthew, Mark, Luke and John provide an overview of the life and ministry of Jesus. All four of these New Testament books are inspired by God, and their relevance spans generationally and geographically (2 Tim. 3:16).

Most historians agree that the author of Matthew's Gospel is the same Matthew who turned away from a sinful life of collecting taxes for the Romans in order to follow Jesus. As a result of his strong Jewish heritage, much of the contents of Matthew's Gospel is designed to reveal how Jesus is the ultimate fulfillment of God's promise to the Israelites in the Old Testament.

Jesus' words in Matthew 6 represent the center portion of what is now known as the "Sermon on the Mount", one of the richest teachings we have on the significance of surrendering to God.

In "***Worried About What***", we're going to take a closer look at five "whats" mentioned in Matthew 6 that contribute to our worry:

- Week #1:** What They Think
- Week #2:** What They Did
- Week #3:** What You Have
- Week #4:** What You Consume
- Week #5:** What Might Happen

Through this study, our prayer is that the Holy Spirit will help us shift our focus from *what* we are worrying about to the *Who* that has already gone before us!





# THEME PASSAGE

## MATTHEW 6:31-34 (ESV)

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**31** Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' **32** For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. **33** But ***seek first the kingdom of God*** and his righteousness, and all these things will be added to you. **34** "Therefore ***do not be anxious about tomorrow***, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.



# WEEK #3

## MATTHEW 6:19-21 (ESV)

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**19** “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, **20** but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. **21** For where your treasure is, there your heart will be also.





# THREE TRUTHS ABOUT TREASURE

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## Having Everything Means Nothing

The level of your worry can be connected to the “treasure” you’re trusting in. If you’re relying on temporary things (money, possessions, popularity etc.), your confidence will be temporary. We can have nice things, but it’s important to remember that what we have doesn’t determine who we are!

## People Should Be Our Priority.

What are the “treasures in heaven” (Matt. 6:20) that we are called to focus on? Before Jesus ascended into heaven, He commissioned His followers to “go therefore and make disciples of all the nations” (Matt. 28:19). The only treasure we can bring to heaven is *people*. As followers of Jesus, it’s essential that we focus our time and attention on sharing the message of salvation with lost people!

## Your Trust Reveals Your Treasure

When life is difficult, the source of comfort we trust in reveals what our true treasure is. “For where your treasure is, there your heart will be also” (Matt. 6:21). Rather than running to our phone, substances or affirmation from others, Jesus invites us to find rest in Him (Matt. 11:28)!



# LET'S TALK ABOUT THIS

*Small Group Questions (If Time Allows)*

## Question #1

What is one thing that “jumped out” to you while reading Matthew 6:31–34 and 6:19–21?

## Question #2

Which of the three “truths about treasure” resonated the most with you?

## Question #3

If you feel comfortable sharing with the group, what “treasure” are you currently trusting in?



# BEFORE YOU GO

## BIG IDEA

Storing up temporary treasures can create worry in your heart. It's essential to remember that earthly treasures are temporary, people should be your priority and what we trust in reveals your treasure!



## SHARING TRUTH

Who is someone in your life that needs to hear about what we discussed today? Pray for them, and find time this week to encourage them.

## MEETING NEEDS

What is something your YCI club can do to show God's love this semester?



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