



# Think It Through

Understanding Thoughts  
Before They Overtake You

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**Week #3:**

Understanding Your  
Responsibility



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# CONTENTS

## How To Lead Your YCI Club

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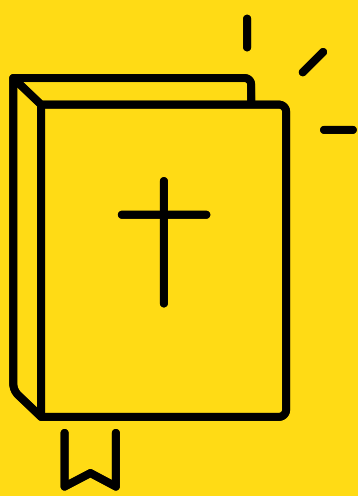
### **PLAY**

Play a game together.



### **PRAY**

Spend time praising and thanking God in prayer.



### **GROW**

Learn from Scripture about who God says He is and how we should respond to Him.



### **GO**

Look for opportunities to share the Gospel, and serve others in your community with your YCI club members.



# TIPS FOR USING THIS CURRICULUM

*Three Recommendations As You Lead Your Friends In  
Playing, Praying, Growing & Going*

## 1) Familiarize

Prior to your weekly YCI club gatherings, spend time reading the curriculum to make sure you understand the game and devotional. Leading is easier when you are well-prepared!

## 2) Organize

The "Grow" portion of the YCI Club Curriculum gives you the "pieces" for a devotional, but it is up to you to put the pieces together. You may want to give "Book, Hook, Look & Took" a try:

- 1) Book:** Read the Bible verses.
- 2) Hook:** Share a brief personal story or idea that relates to the Scripture.
- 3) Look:** Share the context of the Scripture.
- 4) Took:** Share the takeaways from the "Learn & Apply" section.

## 3) Customize

Since every YCI club is different, it is important that you modify this content to fit your context. If you need help with this, we encourage you to reach out to your club's Campus Mentor!





## EVERYONE IS IT!

This game is very simple, but it requires a considerable amount of space. First, everyone in the YCI club should spread out in an area specified by the Teacher Sponsor (gym, football field, etc.). Next, everyone should place their non-dominant hand on their head. The object of the game is to run around and try to "tag" protruding elbows. If you get tagged, you must sit down.

The last person standing is the winner! This process can repeat for as long as time allows.



# ASK GOD FOR HIS WILL TO BE DONE IN THESE AREAS:

## CLUB TIME



Pray that God will speak to everyone in the room through His Word.

## GROUP NEEDS



Take time to discuss and pray over the personal needs and requests of those in attendance.

## SCHOOL COMMUNITY



Ask God to move in situations that are unique to your school and community.

## A CLOSER LOOK AT 2 CORINTHIANS

2 Corinthians is the second of two New Testament letters written to the church in Corinth. The author, Paul, played a key role in starting the church, and his first letter (1 Corinthians) is designed to address troubling reports of sin and confusion among their community of believers (1 Cor. 11).

After sending his first letter, Paul makes a "painful visit" (2 Cor. 2:1) to the church to confront them in person. 2 Corinthians, which was written after this visit, takes a different tone than 1 Corinthians by focusing more on God's love and Paul's belief that the church in Corinth can be restored.

The ***Think It Through*** curriculum focuses on 2 Corinthians 10:1-6. In this section, Paul responds to those who accuse him of not being "impressive" enough to influence multitudes. As he addresses these lies, our prayer is that the Holy Spirit will reveal Jesus and equip you to overcome troubling thoughts that keep you from walking in your purpose!



## 2 CORINTHIANS 10:1-6 (ESV)

"**1** I, Paul, myself entreat you, by the meekness and gentleness of Christ—I who am humble when face to face with you, but bold toward you when I am away!— **2** I beg of you that when I am present I may not have to show boldness with such confidence as I count on showing against some who suspect us of walking according to the flesh. **3** For though we walk in the flesh, we are not waging war according to the flesh. **4** For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. **5 *We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,*** **6** being ready to punish every disobedience, when your obedience is complete."



# Understanding Your Responsibility

## Examine

Now that we understand the war the enemy is waging in our mind (Week #1) as well as the armor God has given us (Week #2), the last step is for us to understand our responsibility on the journey of mental freedom. Paul indicates that we "*destroy [Satan's] arguments*" by "*taking every thought captive to obey Christ*" (2 Cor. 10:5). In order to begin the process of destroying Satan's "arguments" (lies), we must first recognize that they are present. If your mind is constantly filled with fear, anxiety and worry, it may be an indication that you have allowed an "argument" (lie) to take root.

## Evaluate

"*Taking every thought captive*" means that we analyze and evaluate our thoughts. Satan is the father of lies (John 8:44), so the thoughts he attacks us with will be in conflict with truth (the Bible). Equipped with the Armor of God, we must evaluate the thoughts that fill our mind and determine if they align with God's Word!

## Exchange

Once we identify a lie, we must make it "*obey Christ*". In other words, we must exchange (replace) the lie with the complimenting truth from God's Word. For example, if the enemy is telling you that you are alone and worthless, you should remind yourself that God is with you and He thinks you are valuable enough to give His life for (John 3:16).





# LET'S TALK ABOUT THIS

*Small Group Questions (If Time Allows)*

**Important Note:** *Immediately inform your Teacher Sponsor if a group member answers in a manner that indicates they are in danger.*

## Question 1

What is one thing that "jumped out" to you while reading 2 Corinthians 10:1-6?

## Question 2

If you feel comfortable sharing with the group, discuss a "lie" from the enemy that you struggle with, and let the group help you find truth in Scripture that you can hold onto.

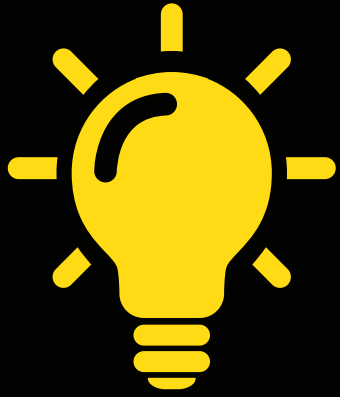
## Question 3

What is one thing you learned from the **"Think It Through"** curriculum?



# CONSIDER THIS BEFORE YOU LEAVE

## BIG IDEA



Once we understand the war in our minds and the "armor" God has given us, our responsibility is to examine, evaluate and exchange satan's lies with God's truth!

## SHARING TRUTH



Who is someone in your life that needs to hear about what we discussed today? Pray for them, and find time this week to encourage them.

## MEETING NEEDS



What is something your YCI club can do to show God's love this semester?



# CONTACT US

WITH YOUR QUESTIONS

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