

WORRIED ABOUT WHAT

Trusting The One **Who** Holds
Your Tomorrow

Week #2:
What They **Did**



CONTENTS

How To Lead Your YCI Club



Play

Play a game together.



Pray

Spend time praising and thanking God in prayer.



Grow

Learn from Scripture about who God says He is and how we should respond to Him.



Go

Look for opportunities to share the Gospel, and serve others in your community with your YCI club members.



TIPS FOR USING THIS CURRICULUM

**THREE RECOMMENDATIONS AS YOU LEAD YOUR FRIENDS
IN PLAYING, PRAYING, GROWING & GOING**

1) FAMILIARIZE

Prior to your weekly YCI club gatherings, spend time reading the curriculum to make sure you understand the game and devotional. Leading is easier when you are well-prepared!

2) ORGANIZE

The "Grow" portion of the YCI Club Curriculum gives you the "pieces" for a devotional, but it is up to you to put the pieces together. You may want to give "Book, Hook, Look & Took" a try:

- 1) Book:** Read the Bible verses.
- 2) Hook:** Share a brief personal story or idea that relates to the Scripture.
- 3) Look:** Share the context of the Scripture.
- 4) Took:** Share the takeaways from the "Learn & Apply" section.

3) CUSTOMIZE

Since every YCI club is different, it is important that you modify this content to fit your context. If you need help with this, we encourage you to reach out to your club's Campus Mentor!



ODD ONE OUT!

First, one person should be chosen as the “Detective”, and they should proceed to exit the room. Next, the rest of the YCI club should determine a hobby or interest that is shared by at least four people in the room. Once these four people are identified, they should stand at the front of the room along with someone that does not share the hobby or interest (but can pretend that they do). When the Detective re-enters the room, they should be informed of the hobby/interest, and they will proceed to ask all five students to answer up to five questions about the topic. The goal is for the Detective to determine the “odd one out” (the person that does not share the hobby or interest). If they guess the correct student, they win! This process can continue for as long as time allows.





ASK GOD FOR HIS WILL TO BE DONE IN THESE AREAS:

CLUB TIME

Pray that God will speak to everyone in the room through His Word.

GROUP NEEDS

Take time to discuss and pray over the personal needs and requests of those in attendance.

SCHOOL COMMUNITY

Ask God to move in situations that are unique to your school and community.



WHERE WE'RE GOING

A CLOSER LOOK AT MATTHEW 6

The Gospels of Matthew, Mark, Luke and John provide an overview of the life and ministry of Jesus. All four of these New Testament books are inspired by God, and their relevance spans generationally and geographically (2 Tim. 3:16).

Most historians agree that the author of Matthew's Gospel is the same Matthew who turned away from a sinful life of collecting taxes for the Romans in order to follow Jesus. As a result of his strong Jewish heritage, much of the contents of Matthew's Gospel is designed to reveal how Jesus is the ultimate fulfillment of God's promise to the Israelites in the Old Testament.

Jesus' words in Matthew 6 represent the center portion of what is now known as the "Sermon on the Mount", one of the richest teachings we have on the significance of surrendering to God.

In "***Worried About What***", we're going to take a closer look at five "whats" mentioned in Matthew 6 that contribute to our worry:

- Week #1:** What They Think
- Week #2:** What They Did
- Week #3:** What You Have
- Week #4:** What You Consume
- Week #5:** What Might Happen

Through this study, our prayer is that the Holy Spirit will help us shift our focus from *what* we are worrying about to the *Who* that has already gone before us!



THEME PASSAGE

MATTHEW 6:31-34 (ESV)

31 Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' **32** For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. **33** But ***seek first the kingdom of God*** and his righteousness, and all these things will be added to you. **34** "Therefore ***do not be anxious about tomorrow***, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.



WEEK #2

MATTHEW 6:7-15 (ESV)

7 “And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. **8** Do not be like them, for your Father knows what you need before you ask him. **9** Pray then like this: “Our Father in heaven, hallowed be your name. **10** Your kingdom come, your will be done, on earth as it is in heaven. **11** Give us this day our daily bread, **12** and ***forgive us our debts, as we also have forgiven our debtors.*** **13** And lead us not into temptation, but deliver us from evil. **14** For ***if you forgive others their trespasses, your heavenly Father will also forgive you,*** **15** but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.



FORGIVING WHAT THEY DID

Acknowledge The Hurt

Forgiveness plays a central role in Jesus' teaching on prayer. Rather than avoiding or pretending it doesn't exist, He encourages us to acknowledge unforgiveness and lay it at His feet. Left unaddressed, unforgiveness and bitterness will weigh us down and keep us from clearly pursuing Him!

Remember Your Debt

We can only give to others what we first possess. Truly forgiving someone requires that we understand the forgiveness we have received from God. By our own efforts and actions, we deserve death (Rom. 6:23), but Jesus took upon Himself the penalty that we deserved (Rom. 3:23-24). When we truly understand that our sins have been forgiven, it helps us to have compassion for those who have hurt us.

Trust God's Justice

Forgiving someone doesn't always make the hurt disappear. Many of us have experienced terrible betrayal at the hands of someone else, and forgiveness does not mean we need to welcome that person back into our lives. Regardless of if they ever apologize, we can trust that God is a righteous judge!



LET'S TALK ABOUT THIS

Small Group Questions (If Time Allows)

Question #1

What is one thing that “jumped out” to you while reading Matthew 6:31–34 and 6:7–15?

Question #2

Which of the three components of forgiveness resonated the most with you?

Question #3

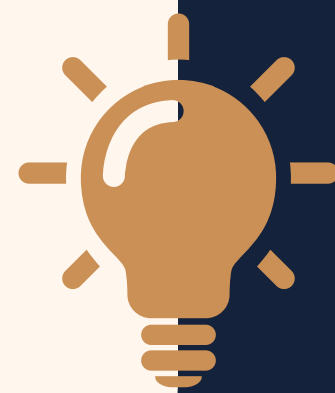
If you feel comfortable, share about a time that you forgave someone. Alternatively, share about someone you know you need to forgive.



BEFORE YOU GO

BIG IDEA

Unforgiveness produces unnecessary worry. Acknowledging the hurt, remembering your debt and trusting God's justice are essential in the process of forgiveness.



SHARING TRUTH

Who is someone in your life that needs to hear about what we discussed today? Pray for them, and find time this week to encourage them.

MEETING NEEDS

What is something your YCI club can do to show God's love this semester?



CONTACT US

Mailing Address

4108 Park Rd. Suite 101 Charlotte,
NC 28209

Phone Number

704-364-2122

Website

www.yciclubs.com

Email

info@yciclubs.com

Instagram

[@yciclubs](https://www.instagram.com/yciclubs)

