

WORRIED ABOUT WHAT

Trusting The One **Who** Holds
Your Tomorrow

Week #1:
What They **Think**



CONTENTS

How To Lead Your YCI Club



Play

Play a game together.



Pray

Spend time praising and thanking God in prayer.



Grow

Learn from Scripture about who God says He is and how we should respond to Him.



Go

Look for opportunities to share the Gospel, and serve others in your community with your YCI club members.



TIPS FOR USING THIS CURRICULUM

**THREE RECOMMENDATIONS AS YOU LEAD YOUR FRIENDS
IN PLAYING, PRAYING, GROWING & GOING**

1) FAMILIARIZE

Prior to your weekly YCI club gatherings, spend time reading the curriculum to make sure you understand the game and devotional. Leading is easier when you are well-prepared!

2) ORGANIZE

The "Grow" portion of the YCI Club Curriculum gives you the "pieces" for a devotional, but it is up to you to put the pieces together. You may want to give "Book, Hook, Look & Took" a try:

- 1) **Book:** Read the Bible verses.
- 2) **Hook:** Share a brief personal story or idea that relates to the Scripture.
- 3) **Look:** Share the context of the Scripture.
- 4) **Took:** Share the takeaways from the "Learn & Apply" section.

3) CUSTOMIZE

Since every YCI club is different, it is important that you modify this content to fit your context. If you need help with this, we encourage you to reach out to your club's Campus Mentor!



SCAVENGER HUNT!

First, one person should be chosen as the “Game Master”.

Next, the rest of the YCI club should split into two teams. The Game Master’s job is to create a short list of things in the room that each team needs to find (specific books, items of a certain color, someone with a particular interest, etc.) Once the list is finalized, the Game Master must display it so that it’s visible to both teams. The first team to find all the items wins the game. This process can continue for as long as time allows!





ASK GOD FOR HIS WILL TO BE DONE IN THESE AREAS:

CLUB TIME

Pray that God will speak to everyone in the room through His Word.

GROUP NEEDS

Take time to discuss and pray over the personal needs and requests of those in attendance.

SCHOOL COMMUNITY

Ask God to move in situations that are unique to your school and community.



WHERE WE'RE GOING

A CLOSER LOOK AT MATTHEW 6

The Gospels of Matthew, Mark, Luke and John provide an overview of the life and ministry of Jesus. All four of these New Testament books are inspired by God, and their relevance spans generationally and geographically (2 Tim. 3:16).

Most historians agree that the author of Matthew's Gospel is the same Matthew who turned away from a sinful life of collecting taxes for the Romans in order to follow Jesus. As a result of his strong Jewish heritage, much of the contents of Matthew's Gospel is designed to reveal how Jesus is the ultimate fulfillment of God's promise to the Israelites in the Old Testament.

Jesus' words in Matthew 6 represent the center portion of what is now known as the "Sermon on the Mount", one of the richest teachings we have on the significance of surrendering to God.

In "***Worried About What***", we're going to take a closer look at five "whats" mentioned in Matthew 6 that contribute to our worry:

- Week #1:** What They Think
- Week #2:** What They Did
- Week #3:** What You Have
- Week #4:** What You Consume
- Week #5:** What Might Happen

Through this study, our prayer is that the Holy Spirit will help us shift our focus from *what* we are worrying about to the *Who* that has already gone before us!



THEME PASSAGE

MATTHEW 6:31-34 (ESV)

31 Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' **32** For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. **33** But ***seek first the kingdom of God*** and his righteousness, and all these things will be added to you. **34** "Therefore ***do not be anxious about tomorrow***, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.



WEEK #1

MATTHEW 6:1-6 (ESV)

1 “Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in heaven. **2** “Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others. Truly, I say to you, they have received their reward. **3** But when you give to the needy, do not let your left hand know what your right hand is doing, **4** so that your giving may be in secret. And your Father who sees in secret will reward you. **5** “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. **6** But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.”



3 SIGNS YOU'RE WORRIED ABOUT WHAT THEY THINK

A Constant Need To Be Noticed

When we truly understand that we have been handpicked by the creator of the universe, it sets us free from the need to be validated by others.

When we're immature in our faith, it's easy to be driven by a desire to be liked, but Jesus warns us about "practicing [our] righteousness" in front of others (Matt. 6:1)!

Their Respect Means More Than God's Reward

Using the religious leaders as a negative example, Jesus emphasizes that doing good for the purpose of being applauded will gain no heavenly reward (Matt. 6:2). When we're satisfied in the person of Jesus Christ, we can give to others without any expectation of personal gain or recognition.

Obedience Ends When You're Alone

Throughout the Sermon on the Mount, it's evident that Jesus is more concerned with the life we live in private than the image we portray in public (Matt. 6:6). The true measure of the voice we trust is how we act when no one is watching!



LET'S TALK ABOUT THIS

Small Group Questions (If Time Allows)

Question #1

What is one thing that “jumped out” to you while reading Matthew 6:31–34 and 6:1–6?

Question #2

Which of the “three signs” resonated the most with you?

Question #3

What are some practical things we can do to shift our focus from trying to impress others to the approval we already have in Christ?



BEFORE YOU GO

BIG IDEA

A constant need to be noticed, downplaying God's reward and living differently in private than you do in public are signs that you may be worried about what others think!



SHARING TRUTH

Who is someone in your life that needs to hear about what we discussed today? Pray for them, and find time this week to encourage them.

MEETING NEEDS

What is something your YCI club can do to show God's love this semester?



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