



Think It Through

Understanding Thoughts
Before They Overtake You

Week #1:

Understanding The War



CONTENTS

How To Lead Your YCI Club



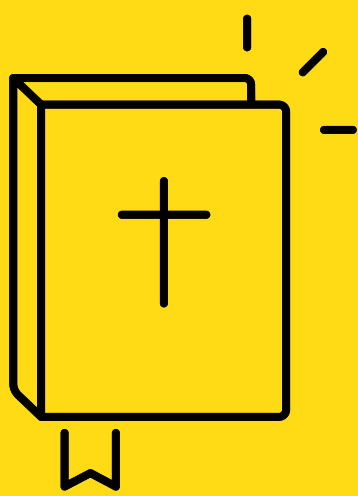
PLAY

Play a game together.



PRAY

Spend time praising and thanking God in prayer.



GROW

Learn from Scripture about who God says He is and how we should respond to Him.



GO

Look for opportunities to share the Gospel, and serve others in your community with your YCI club members.



TIPS FOR USING THIS CURRICULUM

*Three Recommendations As You Lead Your Friends In
Playing, Praying, Growing & Going*

1) Familiarize

Prior to your weekly YCI club gatherings, spend time reading the curriculum to make sure you understand the game and devotional. Leading is easier when you are well-prepared!

2) Organize

The "Grow" portion of the YCI Club Curriculum gives you the "pieces" for a devotional, but it is up to you to put the pieces together. You may want to give "Book, Hook, Look & Took" a try:

- 1) Book:** Read the Bible verses.
- 2) Hook:** Share a brief personal story or idea that relates to the Scripture.
- 3) Look:** Share the context of the Scripture.
- 4) Took:** Share the takeaways from the "Learn & Apply" section.

3) Customize

Since every YCI club is different, it is important that you modify this content to fit your context. If you need help with this, we encourage you to reach out to your club's Campus Mentor!





POISON DART FROG

First, one person should be chosen as the "Explorer", and they should proceed to exit the room. Once the Explorer has left the room, someone else should be chosen as the "Poison Dart Frog". Once the Poison Dart Frog is chosen, all YCI club members in the room should form a large circle. Once the circle is formed, the Explorer should be allowed back in the room, and it is their job to stand in the middle of the circle and determine who the Poison Dart Frog is. As the Explorer scans the room, the Poison Dart Frog should *discreetly* make eye contact with random club attendees and stick out their tongue. If the Poison Dart Frog makes eye contact with you and sticks out their tongue, you should immediately fall to the ground. The goal is for the Explorer to identify the Poison Dart Frog before everyone falls to the ground. This process can be repeated for as long as time allows!



ASK GOD FOR HIS WILL TO BE DONE IN THESE AREAS:

CLUB TIME



Pray that God will speak to everyone in the room through His Word.

GROUP NEEDS



Take time to discuss and pray over the personal needs and requests of those in attendance.

SCHOOL COMMUNITY



Ask God to move in situations that are unique to your school and community.

A CLOSER LOOK AT 2 CORINTHIANS

2 Corinthians is the second of two New Testament letters written to the church in Corinth. The author, Paul, played a key role in starting the church, and his first letter (1 Corinthians) is designed to address troubling reports of sin and confusion among their community of believers (1 Cor. 11).

After sending his first letter, Paul makes a "painful visit" (2 Cor. 2:1) to the church to confront them in person. 2 Corinthians, which was written after this visit, takes a different tone than 1 Corinthians by focusing more on God's love and Paul's belief that the church in Corinth can be restored.

The ***Think It Through*** curriculum focuses on 2 Corinthians 10:1-6. In this section, Paul responds to those who accuse him of not being "impressive" enough to influence multitudes. As he addresses these lies, our prayer is that the Holy Spirit will reveal Jesus and equip you to overcome troubling thoughts that keep you from walking in your purpose!



2 CORINTHIANS 10:1-6 (ESV)

"**1** I, Paul, myself entreat you, by the meekness and gentleness of Christ—I who am humble when face to face with you, but bold toward you when I am away!— **2** I beg of you that when I am present I may not have to show boldness with such confidence as I count on showing against some who suspect us of walking according to the flesh. **3 *For though we walk in the flesh, we are not waging war according to the flesh.*** **4** For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. **5** We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ, **6** being ready to punish every disobedience, when your obedience is complete."



Understanding The War

It's Spiritual, Not Physical

Paul intentionally points out that "*we are not waging war according to the flesh*" (2 Cor. 10:3).

In other words, the battle in our mind is connected to the war that has been raging since sin entered the Garden of Eden (Gen. 3:1-24).

Think It Through is designed to equip Christians with Biblical tools to combat intrusive thoughts, but it is essential that you seek professional help if your struggle is linked to a medical illness or if your thoughts have become too much for you to handle alone.

It's Intentional, Not Accidental

Lies and deception are the primary weapons Satan uses to hinder God's people (John 8:44). If the enemy is intentional with his attack, then we must be intentional with our defense!

God Won, Satan Lost

As the result of Jesus' life, death and resurrection, we are fighting *from* victory, not *for* victory (Rom. 8:37). As you learn to "*take every thought captive*" (2 Cor. 10:5), you can be confident that the Holy Spirit will equip you every step of the way!



LET'S TALK ABOUT THIS

Small Group Questions (If Time Allows)

Important Note: *Immediately inform your Teacher Sponsor if a group member answers in a manner that indicates they are in danger.*

Question 1

What is one thing that "jumped out" to you while reading 2 Corinthians 10:1-6?

Question 2

If you feel comfortable sharing with the group, talk about an "intrusive thought" that the enemy frequently uses to trip you up.

Question 3

How does Jesus' finished work on the cross give you hope for your thought life?



CONSIDER THIS BEFORE YOU LEAVE

BIG IDEA



The "war in your mind" the enemy is waging is *spiritual* and *intentional*, but Jesus has already secured your victory through His finished work on the cross!

SHARING TRUTH

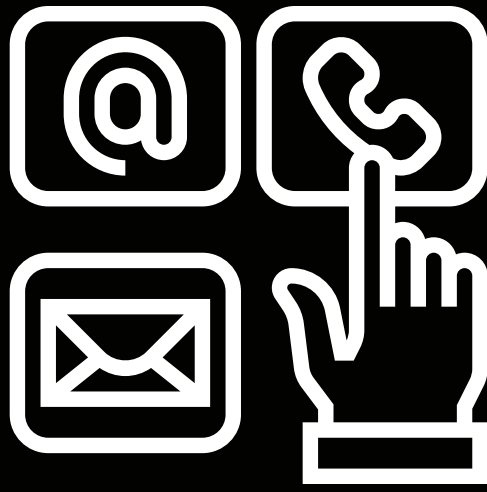


Who is someone in your life that needs to hear about what we discussed today? Pray for them, and find time this week to encourage them.

MEETING NEEDS



What is something your YCI club can do to show God's love this semester?



CONTACT US

WITH YOUR QUESTIONS

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